Case Discussion

* 1. **Substance use education and prevention supports**

The person you are working with is a mother of four children. Three of them are under the age of five, but the oldest is 13 years old. She knew that her 13-year-old had been vaping for about a year but was alarmed to read a news article that said vaping caused serious lung damage. In your community, where do you direct the mother for more information?

* 1. **Harm reduction supports**

You are dispensing a naloxone kit to a client who is using methadone as his opioid replacement therapy, and as usual you discuss the situations in which people can be most at risk of an opioid overdose (including reinitiating unregulated injection opioid use). One of his close friends recently died from an opioid overdose, and your client is frustrated that a decision on the planned supervised consumption site has been delayed again by the city council. You tell him that, in the meantime, there is an overdose prevention site planned as well. “What’s the difference?” he asks. How do you respond? What other harm reduction supports are available in your community?

* 1. **Treatment supports**

A client of yours asks about day treatment. He wishes he could go back to a residential program (he had a successful experience previously), but he can’t afford to take time off work, and his income is currently the only household income. What types and options are there in your community for treatment for opioid use disorder?

* 1. **Additional supports**

Brainstorm other supports in your communities that you should be able to discuss with your clients. What gaps in services exist?