

Naloxone

is an antidote for opioids which can include:

Codeine Demerol Hydromorphone Heroin Oxycodone
Dilaudid Morphine Buprenorphine Fentanyl Methadone

1

Signs of an Overdose



Soft/no breath
or snoring



Pinpoint
pupils



Blue lips, nails,
or skin



Cold,
clammy skin



Limp
body



Doesn't respond
to shouting

2

Call 911

3

Give Naloxone



Break drug
ampoule



Pull into
needle slowly



Inject into
large muscle

4

Check The Person's Breathing

Breathing



Put person in
recovery position

- Hand supports head
- Knee stops body from
rolling onto stomach

Not Breathing



Give compressions
until help arrives

Push hard and fast in
center of chest to the
beat of *Stayin' Alive*

5

Stay Calm

Don't put them in a bathtub/shower
Wait for help to arrive

Don't inject stimulants (ie. meth)
Don't stand them up

More info:

- <http://harmreduction.org/issues/overdose-prevention/overview/overdose-basics/>
- <http://www.ccsa.ca/Resource%20Library/CCSA-CCENDU-Take-Home-Naloxone-Canada-2016-en.pdf>
- <http://www.albertahealthservices.ca/info/page12491.aspx>
- <http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6423a2.htm>